

Kaiser Permanente San Bernardino County

2023 Community Health Snapshot

Our mission goes beyond providing exceptional health care services. We are committed to enhancing the well-being of our members and strengthening the communities we serve.

We believe that true health extends beyond medical care, encompassing physical, mental, social, and community aspects. Kaiser Permanente is tackling the underlying determinants of health, including economic opportunities, racial equity, education, homelessness, housing, food security, and building resilience in school environments, while ensuring access to health care.

To guide our investments toward achieving more equitable health outcomes in a meaningful and sustainable manner, we collaborate closely with community-based organizations, safety net clinics, schools, faith-based institutions, cities, service providers, county departments, and health care systems.

In addition to direct grant investments, we provide our partners with technical assistance, facilitate trainings, conduct community programming, provide volunteers, and engage in strategic community collaboratives. Together, we co-create solutions tailored to the specific needs of our communities.



Building healthy communities

Kaiser Permanente is committed to Total Health — mind, body, and community.

Our footprint in San Bernardino County

2 Medical centers (hospitals)

20 Medical office buildings

674,000 Members

1,200 Physicians

5,132 Nurses

6,899 Employees

In 2023, **\$70,768,084** was invested to improve community health among vulnerable populations. Strategic community investments are guided by the Kaiser Permanente tri-annual Community Health Needs Assessment (kp.org/CHNA).

Population by age and race

- **2,307,481** total population
- **11.7%** age 65+ years, **26.4%** under age 18 years
- **0.4%** Native Hawaiian/other Pacific Islander, **3.2%** multiracial, **8.4%** Asian, **7.9%** Black, **25.4%** White, **53.9%** Hispanic

Why it matters

- **8.4%** uninsured
- **20.5%** adults have no high school diploma
- **23,000** low-income residents in need of mental health services who did not get care
- **14.8%** poverty rate, **17.6%** unemployment rate, **3,211** homeless, **37.6%** children in single-parent households



Addressing housing insecurity

Kaiser Permanente teamed up with **15** nonprofits in the Inland Empire to address homelessness and health disparities. The Inland Empire suffers from a housing crisis, with homeless populations rising sharply. Our initiative targets the root causes and acknowledges the adverse effects of homelessness on health and well-being. Kaiser Permanente invested **\$3 million** to enhance health care access, prevent evictions, and advocate for affordable housing policies.

\$150,000

to improve physical, mental, and social health for **9** school districts



12,916

students and adults reached through Educational Theatre

\$26,100,905

in medical financial assistance provided to

10,830

individuals



Quality health care delivered to

92,401

Medi-Cal patients



\$100,000

to help 4 organizations provide mental health services to

1,500 survivors of trauma



\$165,900

to empower and support **4** community partners in promoting economic opportunities



Read more about our partnerships

The **Hippocrates Circle Program** seeks to inspire diverse and underrepresented middle school students to pursue careers in medicine or health care. The program partners with schools across San Bernardino County to deliver a series of engaging educational events for students, families, and their communities. Students have an opportunity to connect and learn from physicians that may reflect their own personal experience and diverse background. In 2023, **39** students completed the program.

The **Summer Youth Employment Program** offers paid job experiences in health care or related fields to underserved and at-risk high school students. Participants work during the summer, gaining job skills and attending educational sessions and workshops to explore careers in health care. In 2023, **30** students completed the program.

In San Bernardino County, an area with limited mental health resources, Kaiser Permanente provides certified instructors to conduct **Youth Mental Health First Aid (YMHFA)** virtual trainings. These sessions equip adults working with youth to recognize and respond to mental health and substance use issues. In 2023, **243** non-clinical staff from various community-based organizations received training. YMHFA emphasizes that anyone can learn to identify signs of distress, offer initial support, and connect individuals with professional help and resources, fostering a supportive community response to mental health concerns.