

# Kaiser Permanente Orange County

## 2023 Community Health Snapshot

Our mission goes beyond providing exceptional health care services. We are committed to enhancing the well-being of our members and strengthening the communities we serve.

We believe that true health extends beyond medical care, encompassing physical, mental, social, and community aspects. Kaiser Permanente is tackling the underlying determinants of health, including economic opportunities, racial equity, education, homelessness, housing, food security, and building resilience in school environments, while ensuring access to health care.

To guide our investments toward achieving more equitable health outcomes in a meaningful and sustainable manner, we collaborate closely with community-based organizations, safety net clinics, schools, faith-based institutions, cities, service providers, county departments, and health care systems.

In addition to direct grant investments, we provide our partners with technical assistance, facilitate trainings, conduct community programming, provide volunteers, and engage in strategic community collaboratives. Together, we co-create solutions tailored to the specific needs of our communities.



## Building healthy communities

Kaiser Permanente is committed to Total Health — mind, body, and community.

### Our footprint in Orange County

2 Medical centers (hospitals)

24 Medical office buildings

586,933 Members

1,414 Physicians

3,937 Nurses

5,431 Employees

In 2023, **\$31,699,669** was invested to improve community health among vulnerable populations. Strategic community investments are guided by the Kaiser Permanente tri-annual Community Health Needs Assessment ([kp.org/CHNA](http://kp.org/CHNA)).

### Population by age and race

- **3,289,574** total population
- **14.8%** age 65+ years, **24.9%** under age 18 years
- **0.2%** Native Hawaiian/other Pacific Islander, **4%** multiracial, **22.6%** Asian, **1.5%** Black, **36.9%** White, **34.1%** Hispanic

### Why it matters

- **22%** of uninsured experience suicidal ideation, **31%** likely have had a serious psychological issue.
- **32.6%** of all teens in Orange County reported needing help with emotional health problems.
- **21%** of adults in Anaheim service area do not have a high school diploma.
- **90%** of students in Santa Ana are eligible for free and reduced lunch; in Anaheim, Costa Mesa, and Garden Grove, more than **70%** are eligible.



## Improving mental health

Kaiser Permanente funded **\$35,000** toward initial adverse childhood experiences screenings for second and third graders. **Higher Ground Youth and Family Services** embraced a trauma-informed approach and adopted a holistic perspective to health care, acknowledging the significance of addressing mental health concerns alongside physical health. Kaiser Permanente's partnership focuses on enhancing health conditions and equity, expanding access to care, and addressing unmet social health needs of the community.

**\$450,000**

to improve physical, mental, and social health for **3** school districts



**4,486**

students and adults reached through Educational Theatre

**\$12,525,112**

in medical financial assistance provided to

**11,449**  
individuals



Quality health care delivered to

**58,259**

Medi-Cal patients

**\$172,194**

to support **5** partner organizations to improve access to youth mental health services



**\$90,000** to support

**3** partner organizations to improve access to healthy, fresh food procured and prepared locally



## Read more about our partnerships

The **Hippocrates Circle Program** seeks to inspire diverse and underrepresented middle school students to pursue careers in medicine or health care. The program partners with schools across Southern California to deliver a series of engaging educational events for students, families, and their communities. Students have an opportunity to connect and learn from physicians that may reflect their own personal experience and diverse background. In 2023, **51** students in Orange County completed the program.

Kaiser Permanente provided a \$40,000 grant to the **Orangewood Foundation** toward youth homelessness and mental health challenges. Many transitional-aged youth (TAY) in the area face unstable housing situations; however, rigid definitions of homelessness can hinder them from accessing necessary services. Homelessness often leads to mental health crises among youth, making stable housing a crucial first step in addressing their mental health needs. The initiative aims to tackle their mental health crisis and equip them with resources.

The **Kinship Art and Healing Mental and Behavioral Health Program** is supported by a Kaiser Permanente grant of \$32,194. It provides innovative mental health support for diverse youth populations in several Orange County school districts. The program combines trauma-informed art sessions with restorative practices to address mental and behavioral health needs. By integrating art therapy and restorative circles, the program fosters healing, coping skills, and improving overall mental well-being. Additionally, Kaiser Permanente donated surplus office furniture.

